Program Ideas

Learn the benefits of driving a hybrid car
Master gardening
“The Slimmer You” program given by Weight Watchers
Yoga gave us peace of body and mind
Tai Chi Program
Learn about girls’ two best friends - - - that would be diamonds, and CHOCOLATE
Identity Theft
The Medic Alert Program
Carpenter ants
Selling on e-bay
Defensive driving
The 4-H “companion dog” program
Alternative energy sources
Organ donation
The life of a National Park Service wife
Chico’s come and accessorized us.
We toured the holistic Bastyr University ending with a vegetarian lunch
One chapter even learned to play the Opening Ode and Stars and Stripes Forever on a kazoo.
Celebrate chapter birthday celebrations by reading excerpts from chapter minutes
Making May Baskets to deliver to chapter sisters unable to attend meetings
Life in the wilderness during the Lewis and Clark era.
Shared travel experiences of trips to:
- Antarctic
- Mount Kilimanjaro
- Shetlands, Iceland, and Guernsey Islands
- Bolivia with the “Smile Power” dental mission program
- Learned about Pakistan through Antiques from that country
- The Ukraine with an egg decorating demonstration

We visited the Tin Roof - - -a store that did the decorating for an Extreme Makeover Show in Sandpoint, Idaho
Toured the Tacoma Glass Museum and Bellevue Botanical Gardens.
One of the Spokane chapters held meetings at four of the local colleges, Gonzaga University, Spokane Falls Community College, Spokane Intercollegiate Research and Technology Institute and Whitworth College. The meetings were held in private rooms at each institution followed by tours and lectures.

B.I.L. Entertainment:

Food was usually the center of attention as we celebrated:

The tradition of a Mexico Fiesta Dinner
German Oktoberfest
St. Patrick’s Day potato party
Chili bash
Hawaiian Luau

All American BBQ’s and picnics
Pie Socials
All of this was done in conjunction with playing bunko, going bowling, attending the horse races at Emerald Downs, listening to a Patsy Cline concert or going to the Civic Light Opera.

- “Off the wall” – the meeting hostess describes an item on her wall
- “Take 10 for fun” – 10 minutes set aside for amusement, mirth and sport
- A study of chocolate
- A van trip to Leavenworth to see the fall foliage
- Abbreviations that make me crazy
- All time great books
- Candle parties
- Cheese making
- Dog sledding
- Drumming
- History of women’s undergarments
- Holiday cooking ideas, including making edible trees
- How the shape of lipstick could tell members about their personality
- Ironman competition preparation
- Memories of chapter members’ mothers
- One chapter asked members to dress in old-fashioned white clothes and they enjoyed an afternoon of lawn croquet.
- One chapter had a “tacky times fun” meeting, with members singing sh-boom and Copacabana. Leftover bags on the entrée (Kraft macaroni and cheese) were sold – and some members paid NOT to take the entrée home
- Penguins
- Pictures – baby, wedding, family…photos of all kinds
- Public education and the realities of the WASL
- Pumpkin carving
- Rescued greyhounds
- Social “fit farm” fitness club – biked, stretched, lifted and had light refreshments (chocolate)
- Sudoku
- Travelogues for all the places we’ve traveled – Italy, China, Africa, Peru, Antarctica, Mexico, Europe, Asia and Mount Rainier